

GCA Upper Academy Lunch Menu

October 20 to November 21, 2025

Subject to change.

Monday 10/20	Tuesday 10/21	Wednesday 10/22	Thursday 10/23	Friday 10/24
Fried Chicken Mashed Potatoes Corn Roll	Beef or Chicken Tacos Tortilla Chips Mexican Rice Beans	Bosco Sticks Pasta Bake	Loaded Baked Potatoes Chilli Broccoli	Corn Dogs Tater Tots Chilli Ice Cream Cup
Monday 10/27	Tuesday 10/28	Wednesday 10/29	Thursday 10/30	Friday 10/31
Italian Sub Chips Tomato Soup	Chicken Tenders Mac-n-Cheese Roll	Chicken Alfredo Bread Veggie	Orange Chicken White Rice Broccoli	Fried Chicken Sandwich Fries Pickle Spear
Monday 11/3	Tuesday 11/4	Wednesday 11/5	Thursday 11/6	Friday 11/7
French Toast Sausage Hashbrown Yogurt Bar	No School	Personal Pizza Breadsticks	Bbq Pork Cheesy Potatoes Baked Beans Bun	Cheeseburgers Fries Cookies
Monday 11/10	Tuesday 11/11	Wednesday 11/12	Thursday 11/13	Friday 11/14
Grilled Cheese Potato Wedges Tomato Soup	Burrito Bowl Chicken or Beef Cilantro Lime Rice Black Beans	Meaballs Pasta Garlic Toast Green Beans	Chicken Pot Pie Noodles Mashed Potatoes Biscuit	Ham & Swiss Sliders Chips Soup
Monday 11/17	Tuesday 11/18	Wednesday 11/19	Thursday 11/20	Friday 11/21
Waffles Potatoes Sausage Cereal	Mac-n-Cheese Bar	Cheese Ravioli Breadstick Veggie	Orange Chicken White Rice Vegetable Medley	Thanksgiving Meal Ham Hashbrown Casserole Veggie/Rolls

Daily salad bar available. Offerings may vary.