

# Lower Academy Cafeteria Menu

10/21/24-11/22/24

<p>Week 1 <b>MONDAY</b> 10/21 Grilled Hot Dog Cheesy Potatoes Green Beans Fresh Apple Slices</p>	<p><b>TUESDAY</b> 10/22 Turkey/Cheese Deli Sandwich Bag of Chips Fresh Carrot Sticks/Dip Oatmeal Raisin Cookie</p>	<p><b>WEDNESDAY</b> 10/23 Donatos Cheese Pizza Buttered Corn Golden Apple</p>	<p><b>THURSDAY</b> 10/24 Chicken Tenders Loaded Mashed Potatoes Buttered Carrots Belvita Cinnamon Crisp</p>	<p><b>FRIDAY</b> 10/25 Cheeseburger Buttered Peas Chips Vanilla Pudding</p>
<p>Week 2 <b>MONDAY</b> 10/28 Chicken Sandwich Herb &amp; Buttered Rice Buttered Peas</p>	<p><b>TUESDAY</b> 10/29 Rotini Pasta w/Meatballs &amp; Sauce Garlic Bread Broccoli</p>	<p><b>WEDNESDAY</b> 10/30 Chik-fil-A Potato Chips Applesauce</p>	<p><b>THURSDAY</b> 10/31 Bosco Sticks Sauce Cup Baby Carrots w/Dip Diced Peaches</p>	<p><b>FRIDAY</b> 11/1 Lasagna Garlic Bread Buttered Corn Rice Krispie Treat</p>
<p>Week 3 <b>MONDAY</b> 11/4 Turkey Slices Stuffing &amp; Gravy Green Beans Dinner Roll &amp; Butter</p>	<p><b>TUESDAY</b> 11/5 <b>NO SCHOOL ELECTION DAY</b></p>	<p><b>WEDNESDAY</b> 11/6 Beef Nachos w/Cheese Sauce Mexi Rice Cinnamon Belvita <small>Extras:Salsa &amp; Sour Cream</small></p>	<p><b>THURSDAY</b> 11/7 Personal 5" Pizza Chicken Soup Chips Fruit Salad</p>	<p><b>FRIDAY</b> 11/8 Chicken Nuggets Mashed Potatoes Fresh Golden Apple <small>Extras:BBQ, Honey Mustard &amp; Ranch Sauces, Cheese &amp; Bacon</small></p>
<p>Week 4 <b>MONDAY</b> 11/11 2 Mini Hot Dogs on Buns Topped w/ Cheddar Cheese Fresh Broccoli/Ranch Dip Bag of Chips</p>	<p><b>TUESDAY</b> 11/12 Cheese Omelet Sausage Links Warm Cinnamon Rolls w/Icing Orange Juice</p>	<p><b>WEDNESDAY</b> 11/13 Ham,Salami &amp; Cheese Sub Fritos Carrot Sticks/Dip Fresh Baked Sugar Cookie</p>	<p><b>THURSDAY</b> 11/14 Donatos Cheese Pizza French Fries Fresh Apple Slices</p>	<p><b>FRIDAY</b> 11/15 Deli Turkey &amp; Cheese Sandwich Pasta Salad Green Beans Tropical Fruit Mix</p>
<p>Week 5 <b>MONDAY</b> 11/18 Hamburger on Pretzel Bun w/Lettuce &amp; Pickle Roasted Red Potatoes Green Beans</p>	<p><b>TUESDAY</b> 11/19 English Muffin w/Egg, Sausage, &amp; Cheese Home Fries Orange Juice</p>	<p><b>WEDNESDAY</b> 11/20 Chicken Tender Strips Hashbrown Casserole Diced Pears <small>Extras: BBQ, Honey Mustard, Ranch Sauces</small></p>	<p><b>THURSDAY</b> 11/21 Bosco Sticks w/ Marinara Sauce Fresh Veggie Cup w/ Ranch Applesauce</p>	<p><b>FRIDAY</b> 11/22 Ham &amp; Cheese Sliders Buttered Carrots Chips Fresh Baked M&amp;M Cookie</p>

Tray Lunches \$5.50 each for K-5th grade. Carton of white or chocolate milk or a bottle of water is included.



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