

# GCA Upper Academy Lunch Menu

## August 13–September 19, 2025

Subject to change.

Monday 8/11	Tuesday 8/12	Wednesday 8/13	Thursday 8/14	Friday 8/15
No School	No School	Personal Pizza Breadsticks	Orange Chicken White Rice Broccoli	Cheeseburgers Fries Ice Cream cup
Monday 8/18	Tuesday 8/19	Wednesday 8/20	Thursday 8/21	Friday 8/22
Chicken Tenders Mashed Potatoes Corn Roll	Beef or Chicken Tacos Tortilla Chips Mexican Rice Refried Beans	Pasta with meatballs Green Beans Garlic Toast	Sweet & Sour Chicken Fried Rice Spring Roll	Chicken Sandwich Grilled or Breaded Mac-n-cheese
Monday 8/25	Tuesday 8/26	Wednesday 8/27	Thursday 8/28	Friday 8/29
Waffles/Pancakes Sausage Hashbrown Yogurt Bar	Personal Pizza Pasta Salad	Beef or Veggie Lasagna Garlic Bread Veggie	Bbq Pork Sandwich White mac-n-cheese Baked Beans	Hot Dogs or Corn Dogs Tater Tots Cookie
Monday 9/1	Tuesday 9/2	Wednesday 9/3	Thursday 9/4	Friday 9/5
No School	Burrito Bowl Chicken or Beef Cilantro Lime Rice Black Beans	Grilled Chicken Rice Alfredo Sauce Veggie	Popcorn Chicken Mac-n-cheese Biscuit	Ham & Swiss Sliders Chips Soup
Monday 9/8	Tuesday 9/9	Wednesday 9/10	Thursday 9/11	Friday 9/12
Biscuits & Gravy Eggs Potatoes Cereal	Loaded Nachos Mexican Rice Doritos	Cheese Ravioli Breadstick Veggie	Orange Chicken White Rice Vegetable Medley	Cheeseburger Fries Sherbert Cup

Daily salad bar available. Offerings may vary.



