

Lower Academy Cafeteria Menu 10/20/25-11/21/25

Week 1 MONDAY 10/20 *Turkey and cheese sandwich Mixed Veggies Fruit	TUESDAY 10/21 French Toast Sticks Hashbrowns Sausage Pineapple	WEDNESDAY 10/22 Chicken Parmesan Carrots Fruit	THURSDAY 10/23 Chicken Quesadilla corn Tropical fruit	FRIDAY 10/24 Cheese Pizza Salad Spiced Apples
Week 2 MONDAY 10/27 *Italian Sub Green Beans Pears	TUESDAY 10/28 Chicken bacon ranch wrap French Fries Oranges	WEDNESDAY 10/29 **Taco Tots corn Fresh Apples	THURSDAY 10/30 Chicken nuggets Cucumbers and ranch Berry yogurt	FRIDAY 10/31 Pepperoni Calzone Salad Mixed Fruit
Week 3 MONDAY 11/3 *Grilled Chicken Sandwich French fries Peaches	TUESDAY 11/4 NO SCHOOL	WEDNESDAY 11/5 *Macaroni and cheese Roasted Veggies Mixed fruit	THURSDAY 11/6 Chicken fried Rice Peas and carrots Peaches	FRIDAY 11/7 *Cheese French bread Pizza Salad Mixed Fruit
Week 4 MONDAY 11/10 Bosco Sticks Mixed Veggies Spiced Apples	TUESDAY 11/11 Parmesan Meatballs Mashed Potatoes Oranges	WEDNESDAY 11/12 *Cheeseburger French fries Berry Yogurt	THURSDAY 11/13 *Grilled Cheese Fresh Veggies Pears	FRIDAY 11/14 Pepperoni Stromboli Salad Mixed Fruit
Week 5 MONDAY 11/17 **Walking Tacos Peas Pineapple	TUESDAY 11/18 *Chicken and noodles Steamed Broccoli Applesauce	WEDNESDAY 11/19 *BBQ chicken Sandwich Green Beans Peaches	THURSDAY 11/20 *Chicken and Rice Salad Spiced Apples	FRIDAY 11/21 Happy Thanksgiving Break! Turkey Mashed Potatoes and Gravy Green Bean Casserole Pumpkin Dessert

*Gluten free option available upon advanced request email request to khenderson@genoachristianacademy.org during preorder window

**Meal naturally GF

Tray Lunches \$5.50 each for K-5th grade. A carton of white or chocolate milk or a bottle of water is included.

Pre ordering will be open every month from the 1st-15th.

****All Pre orders are placed through the parent portal, failure to pre order during the window will result in the choice to buy everyday for that month, or pack for everyday.**

We will have packed lunches available to purchase if a packed lunch is forgotten, the price for the packed lunch is \$10, and will consist of a Wow butter and jam sandwich, a fruit and vegetable, and milk or water.